

Meal Planner Weekly Menu Planner with Grocery List [Softback * Large 8 x 10 * 52 Spacious Records & more * Carnival] Food Planners



BOOK DETAILS

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BOOK SYNOPSIS

You really can think yourself rich--when you program your gray matter to make money. In this groundbreaking guide, neuroscientist Dr. Teresa Aubele teams up with finance whiz Doug Freeman, business consultant Dr. Lee Hausner, and Psychology Today blogger Susan Reynolds to help you capitalize on your brain--literally. This one-of-a-kind method draws upon the most recent breakthroughs in neuroscience, biology, and psychology to show you how to: Make more money, by reprogramming your brain to identify the best opportunities Invest more wisely, by short-circuiting the pleasure center that facilitates your faulty reasoning Rebound from financial setbacks, without getting trapped by your brains fight-or-flight response Create more wealth, by focusing your mind on innovation and creativity Keep more of what you make, by tricking your brain into taking the long view This book is your ticket to a more money-minded brain, a bigger bank account, and a richer life--one fortune at a time!

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