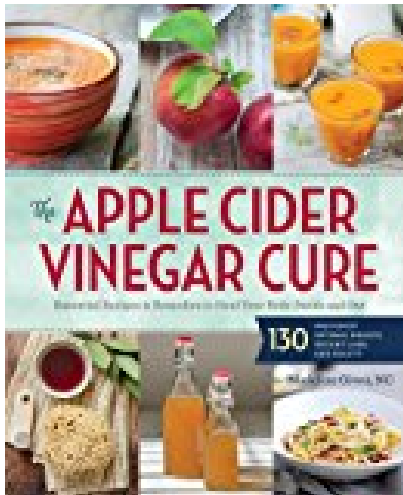


The Apple Cider Vinegar Cure Essential Recipes & Remedies to Heal Your Body Inside and Out



BOOK DETAILS

- Author : Madeline Given NC
- Pages : 250 Pages
- Publisher : Sonoma Press
- Language : English
- ISBN : 1942411278

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BOOK SYNOPSIS

The author explains how to use the versatile healing powers of vinegar to retard osteoporosis, slow the effects of aging, reducing headaches, reduce cholesterol, suppress the appetite, and cure ailments ranging from dandruff and menstrual cramps to sinus congestion and acne, in a guide that also comes complete with over 100 food and beauty preparations.

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