

The Top Low Carb Recipes Cookbook

The Top Low Carb Recipes Low Carb Diet Cookbook



BOOK DETAILS

- Author : Ronda Cruz
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BOOK SYNOPSIS

The Complete Low-Carb Cookbook is not just George Stellas best collection of recipes, but his definitive word on low-carb eating. With hundreds of helpful tips, you arent just following along; you are learning how to use Stellas techniques to reinvent any of your own recipes without the use of processed foods. You are also learning how these techniques helped his family of four lose over 560 pounds.

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